

McCall Figure Skating Club Membership Guide

McCall Figure Skating Club (MFSC) is a U.S. Figure Skating affiliated club located at the Manchester Ice & Event Centre in beautiful McCall, Idaho. Formed in 2001, MFSC's members were originally at the mercy of Mother Nature, as the only skating facility was an outdoor parking lot. However, through generous contributions to the Richard J. Sabala Foundation, and the visionary persistence of the Sabala Family, Manchester Ice & Event Centre, MFSC's home rink, opened in 2003. Today, MFSC sponsors several U.S. Figure Skating sanctioned events each year, including a competition and testing session, two ice show productions, a summer performance camp, and spotlight exhibition performances during hockey game intermissions.

The McCall Figure Skating Club is a 501(c)(3) charitable organization dedicated to supporting the practice, instruction, and advancement of figure skating. Our club encourages respect and goodwill among skaters, parents, coaches, and the McCall community.

Benefits of Figure Skating & Joining A Club

Participation in figure skating offers many great benefits for your child, aside from the obvious exercise; many aspects of the sport will help your child grow to be successful. Values skaters learn through their participation include: appreciation for an active, healthy lifestyle; self-esteem, self-confidence, self-discipline and self-reliance; an ability to manage stress, perform under pressure and test emotional and physical balance; being part of an exciting individual or team sport; developing short term and long term goals; managing success and disappointment; appreciating fair play and being a good sport; and learning respect for others.

Joining a club is an important step in a figure skater's life, as the club becomes a skater's training home. Joining a club is essential once a skater is ready to take official US Figure Skating Tests or compete in competitions. Our club offers weekly club ice sessions, an annual test session and competition with judges so skaters can advance, two ice shows, fundraising activities, social events, and an annual awards banquet. The officers and board members of the McCall Figure Skating Club are committed to making this club the best it can be for all our children. Skating with MFSC is a great place for kids to engage in physical activity in a safe and positive environment; not to mention its being the perfect place to fight the winter blues and cool off from summer's heat.

Parent participation is a MUST for our club to be successful. The most important thing you can do as the parent of a figure skater is inform yourself on the “nuts and bolts” of the MFSC and US Figure Skating rules, as well as supporting your skater on and off the ice. MFSC officers, Board of Directors, Committee Members, and coaches are all here to guide you along the way and make this an amazing journey for your family.

OFFICERS & BOARD MEMBERS

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Competition Chair: Rachael Ikola

Membership Chair: Wendy Frick

Fireworks Chair: Holly Pedrow

Club Ice Chair: Holly Pedrow

Volunteer Chair: Holly Pedrow

Message from our President

Welcome skaters and families! We are so happy you have made McCall Figure Skating Club part of your skating journey. There's a lot to learn about figure skating, both on and off the ice. The building blocks of the US Figure Skating Association are Clubs, like ours. We are your "home" in the world of figure skating and we are here to help support your skater in pursuing their skating dreams. This guide is designed to help you understand and benefit from your Club membership. The MFSC Board of Directors, Committee Chairs, Coaches and fellow parents are also here to help. And we'd love to have you get involved on our various committees so have listed the chair names on the left.

~ Sandee Dingman, President



Entryeze is an online membership program designed to make applying, renewing and managing your membership a breeze. MFSC's Membership year starts July 1st.

Entryeze.com/MFSCMembership

This is the program that you will use for purchasing club ice, tracking your volunteer hours and registering for a test session or competition. For competition related questions, please ask your coach. If you do not have access to a computer or have any membership related questions, do not hesitate to contact:

Wendy Frick, Membership Chair

Meet Our Coaches

Lori Benton

[Email Lori](#) (208) 559-0211

Born and raised in San Diego, Lori completed at the amateur level through college and medaled at the United States Figure Skating Championships and World University Games while attending San Diego State University. After college, she went on to earn the title of World Professional Figure Skating Champion in 1989.

Lori performed as a principal soloist in Ice Capades, Holiday on Ice and numerous shows worldwide from 1981 through 2002 and has shared her technical and creative love of the sport of figure skating with her students, National Competitors and Olympic Medalists since 1985!

A professional choreographer, Lori has contributed her creativity and signature style to professional ice shows over the past twenty five years including Tacoma's Lakewood Winter Club annual ice shows, summer productions of the Sun Valley Ice Show now known as Sun Valley on Ice, and since 2011, the Manchester Ice & Event Centre's *McCall Starz on Ice!*



Marie Furnary

[Email Marie](#) (208) 630-4028

As a PSA **Double Master-rated** coach in Moves in the Field and Group, Marie has more than 20 years of coaching experience, and is a US Figure Skating Gold Medalist in Ice Dance. Marie's primary coach was Olympic Team pairs/dance coach Ron Ludington, who ingrained techniques of his coach, Maribel Vinson-Owen, in all of his skaters. She also holds a PSA Level II ranking, a Certified Rating in Ice Dance, a Registered Rating in Freestyle, and is a Level 1 & 2 hockey accredited & power skate coach with the PSA.

Marie's MFSC skaters include 10 Gold/Senior USFS Test Medalists since the club's inception in 2003. Her skaters' other achievements include competing as co-captain of the 2012 National Collegiate Champion Team: receiving the highest IJS score out of 44 Preliminary girls at the 2013 US Figure Skating NW Pacific Regionals; performing as a cast member of the 2015 *Holiday on Ice* European Tour of *Passion* as well as in the 2015-2016 US tour of *Disney On Ice: 100 Years of Magic*. She has also taught at the Dartmouth FSC in New Hampshire, and at the Johnstown FSC in Pennsylvania.





USFS Skate Safe

We all can play a role in preventing abuse and reducing misconduct in sport. The U.S. Figure Skating Skate Safe (aka SafeSport) Program provides resources for all members to help identify abuse and misconduct steps that can be taken to reduce it and procedures to respond to it.

U.S. Figure Skating strives to provide a safe environment for their member that is free of misconduct and harassment. The association will not tolerate or condone any form of harassment or misconduct of any of its members including athletes, coaches, officials, directors, employees, parents, volunteers or any other persons while they are participating in or preparing for a figure skating activity or event conducted under the auspices of U.S. Figure Skating. All forms of misconduct are unacceptable and in direct conflict with U.S. Figure Skating rules.

The U.S. Figure Skating SafeSport Program addresses the following types of misconduct: Sexual, Physical & Emotional Misconduct, bullying, threats, hazing harassment, and willfully tolerating misconduct.

All individuals, regardless of membership with U.S. Figure Skating are encouraged to report suspected violations of SafeSport.

U.S. Figure Skating has developed policies for its member clubs to help them address misconduct if it should occur, and to reduce, monitor and govern areas where potential misconduct could occur. U.S. Figure Skating recommends that its member clubs adopt the SafeSport policies below that are applicable to their club and facility to reduce the risks of potential misconduct.



<https://www.usfigureskating.org/skatesafe>

Sandee Dingman, MFSC SkateSafe Committee Chair

For concerns or to report any violations contact any MFSC SkateSafe Committee Member

To contact USFS SafeSport directly email safesport@usfigureskating.org or call 719-635-5200

The McCall Figure Skating Club on facebook.

With social media a must for businesses these days, MFSC is keeping up with the times and has a public presence on Facebook. We use this page for promotions such as competitions, events and shows, fundraisers and also to show the accomplishments of our skaters. If you do not want your child's name or photograph(s) on this site, please notify our membership chair immediately. www.facebook.com/McCallFigureSkatingClub

MFSC also has a closed group for *Members Only*. This is where we communicate reminders for club member meetings, recruit volunteers, plan events and fundraisers and competition related information. www.facebook.com/mfscmembersonly

VOLUNTEER HOURS



For more volunteer opportunities, or questions, contact Holly Pedrow MFSC Volunteer Committee Chair.

The McCall Figure Skating Club does its best to provide amazing opportunities to our members, but with all our events, that requires work. MFSC requires all members to perform 15 volunteer hours per child per membership year (25 hours for family). The following are some events needing volunteers; July-Fireworks Booth, October-Competition, December & February-Holiday & Winter Carnival Ice Shows, November through February-Club Ice Monitor. Don't panic, they are easier to get than you think. *All unfulfilled hours will be charged \$20/hour. in une.*

CLUB ICE

"Club Ice" is contracted ice time bought by the Club for the exclusive use for members of the McCall Figure Skating Club during hockey season. Days, times and cost for Club Ice varies throughout the year. The MFSC members work throughout the year fundraising to subsidize the cost of our ice time. Private lessons with your coach can be conducted during Club Ice. This time is to be used for serious practice time. You can purchase Club Ice through your Entryeeze account. For specific club ice times and costs, visit our website. Have questions about Club Ice, feel free to talk to our Club Ice Committee: Holly Pedrow, Adina Milica, Liz Scott, and Christel Freese.



Jason Hawkins Skate by the Lake Competition & Test Session

Competing is a large part of the figure skating world. Although some skaters choose not to participate, if you do... every October the McCall Figure Skating Club sanctions a US Figure Skating Competition and Test Session. This is a great opportunity to show off your skills, start your testing track and compete on home ice. Talk to your coach about participating in this competition and other competitions in our region.

Rachael Ikola, Competition Chair
skatebythelakemccall@gmail.com

Laura Nichols, Test Chair
laura@mccallaviation.com

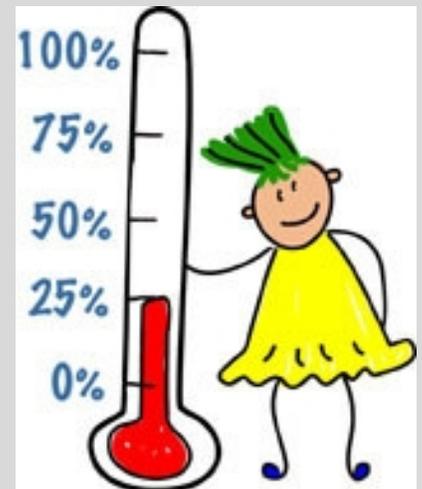
We encourage all our members to represent the McCall Figure Skating Club in STYLE! PersonaliTeez exclusively provides MFSC apparel; skating jackets, hoodies, backpacks ^{and} t-shirts.



Visit www.personaliteez.com/mccall to order.

FUNDRAISING

Fundraising is an important part of any club. The MFSC has several fundraising events every year. Our two biggest events are the Skate by the Lake Competition and the fireworks booth on July 4th. We are always looking for additional ways to increase the operating budget of MFSC. Our main goals...raising money to decrease the cost of club ice and hosting fun family events for our members on and off the ice. We cannot do this without the help of our MFSC families. Please volunteer when possible!! If you have any questions or would like to share your fundraising ideas contact



HOLLY PEDROW, FUNDRAISING CHAIR